



Friday, April 8th

Heptathlon:

1:00 PM Heptathlon 100m Hurdles
Heptathlon High Jump
Heptathlon Shot Put
Heptathlon 200m

Decathlon:

1:15 PM Decathlon 100m
Decathlon Long Jump
Decathlon Shot Put
Decathlon High Jump
Decathlon 400m

Field Events:

1:00 PM Women's Hammer Throw (M. Hammer to Follow)
Men's Javelin (W. Javelin to follow)
Men's Pole Vault (W. Pole Vault to follow)
3:00 PM Men's Long Jump (Inside Pit)
Women's Long Jump (Outside Pit)

Running Events:

5:00 PM Women's 200m
5:15 PM Men's 200m
Break
6:30 PM Women's Steeple
6:45 PM Men's Steeple
7:00 PM Women's 1500m (Heats 1-5)
7:30 PM Men's 1500m (Heats 1-5)
8:00 PM Women's 5000m (Heat 1)
8:20 PM Men's 5000m (Heat 1)
8:40 PM Men's 5000m (Heat 2)
9:00 PM Women's 5000m (Heat 2)
9:20 PM Men's 5000m (Heat 3)

Saturday, April 9th

Heptathlon:

10:15 AM Heptathlon Long Jump
Heptathlon Javelin
Heptathlon 800m

Decathlon

10:00 AM Decathlon 110m Hurdles
Decathlon Discus
Decathlon Pole Vault
Decathlon Javelin
Decathlon 1500m

Field Events:

12:00 PM Men's Discus Throw (W. to follow)
Women's Triple Jump
Men's Triple Jump
12:30 PM Women's Shot Put (M. to follow)
1:30 PM Women's High Jump (M. to follow)

Running Events:

11:00 AM Senior Recognition
1:55 PM National Anthem
2:00 PM Women's 4x100m Relay
2:05 PM Men's 4x100m Relay
2:15 PM Women's 1500m (Heats 6-7)
2:25 PM Men's 1500m (Heat 6)
2:35 PM Women's 100m Hurdles
2:40 PM Men's 110m Hurdles
2:50 PM Women's 400m
3:05 PM Men's 400m
3:10 PM Women's 100m
3:20 PM Men's 100m
3:45 PM Women's 800m
4:25 PM Men's 800m
5:00 PM Women's 400m Hurdles
5:10 PM Men's 400m Hurdles
5:20 PM Women's 4x400m Relay
5:35 PM Men's 4x400m Relay

APRIL 8th – 9th, 2022

FINAL SCHEDULE 03/07/2022