

COMMODORE LACROSSE

Table of Contents

Team Photo	1
2010 Roster	2
2010 Schedule	3
Quick Facts	3
Season Preview	4
Head Coach Cathy Swezey	6
Assistant Coaches	7
2010 Commodores	8
2009 Season Review	16
Conference	18
Lacrosse Complex/Administration	19
Commodore Snapshots	20
Commodore Leaders	21
Commodore Records	22
Commodore Awards	23
Year-by-Year Results	24
Vanderbilt University	25



2010 PREVIEW
PAGES 4-5



PLAYER BIOS
PAGES 8-15



HISTORY/RECORDS
PAGES 21-24



TOP ROW (L-R):

Katie Parsels
Olivia Goodman
Natalie Wills
Sarah Downing
Taylor Lange
Alex Mundy

Carter Foote
Diana Keenan
Emily Franke
Paige Cahill
Casey Bakker

MIDDLE ROW:

Carly Linthicum
Kacie Connors
Ally Carey
Catherine Mitchell
Laura Keenan
Catherine Carr

Allie Frank
Megan Gibson
Anastasia Adam
Katherine Denkler
Kelly Connors

FRONT ROW:

Chelsea Pasfield
Alex Priddy
Kendall Pittinger
Hannah Clark
Courtney Kirk
Claire Leonard
Meghan Rose
Sarah Dolan



2010 ROSTER

NO.	NAME	HT.	POSITION	CLASS	HOMETOWN (PREVIOUS SCHOOL)
1	Alex Mundy	5-8	Defense	Sr.	Ellicott City, Md. (Glenelg)
2	Ally Carey	5-8	Midfield	So.	Bel Air, Md. (John Carroll)
3	Courtney Kirk	5-3	Attack	So.	Baltimore, Md. (Roland Park Country School)
4	Catherine Mitchell	5-5	Defense	Jr.	Millersville, Md. (Severna Park)
5	Emily Franke	5-8	Midfield	Jr.	Towson, Md. (Towson)
6	Diana Keenan	5-7	Midfield	Jr.	Locust Valley, N.Y. (Our Lady of Mercy Academy)
7	Natalie Wills	5-8	Goalkeeper	So.	Kent Island, Md. (St. Mary's)
8	Katie Parsels	5-9	Midfield	Fr.	Warren, N.J. (Pingry)
9	Paige Cahill	5-7	Defense/Midfield	Fr.	Nashville, Tenn. (Harpeth Hall)
10	Claire Leonard	5-3	Defense	Jr.	Bethesda, Md. (Holton Arms)
11	Casey Bakker	5-8	Midfield	Fr.	Ridgewood, N.J. (Ridgewood)
12	Alex Priddy	5-4	Midfield	So.	Davidsonville, Md. (Spalding)
13	Catherine Carr	5-5	Defense	So.	Edgewater, Md. (St. Mary's)
14	Meghan Rose	5-3	Midfield	Jr.	Poolesville, Md. (Poolesville)
15	Kendall Pittinger	5-5	Attack/Midfield	So.	Baltimore (Severna Park)
16	Hannah Clark	5-3	Attack/Midfield	So.	Chatham, N.J. (Chatham)
17	Taylor Lange	5-10	Defense/Midfield	So.	Sparks, Md. (Hereford)
18	Sarah Downing	5-9	Attack	Sr.	Morristown, N.J. (Hotchkiss School, Conn.)
19	Allie Frank	5-6	Midfield	Sr.	Annapolis, Md. (Severn School)
20	Laura Keenan	5-7	Midfield	Sr.	Baltimore, Md. (Roland Park)
21	Kacie Connors	5-6	Midfield	So.	St. Davids, Pa. (Radnor)
22	Kelly Connors	5-6	Midfield	So.	St. Davids, Pa. (Radnor)
23	Katherine Denkler	5-4	Attack	Jr.	Alexandria, Va. (St. Stephens/St. Agnes)
24	Carter Foote	5-9	Attack	Sr.	Alexandria, Va. (St. Stephens/St. Agnes)
25	Megan Gibson	5-3	Midfield	Sr.	Germantown, Tenn. (Hutchison School)
26	Olivia Goodman	5-8	Midfield	Fr.	Villanova, Pa. (Agnes Irwin)
28	Chelsea Pasfield	5-7	Goalkeeper	Fr.	Alexandria, Va. (St. Stephens/St. Agnes)
32	Carly Linthicum	5-7	Attack	Fr.	Church Creek, Md. (Episcopal)
33	Anastasia Adam	5-6	Midfield	Sr.	Severna Park, Md. (Severna School)
41	Sarah Dolan	5-5	Defense	Fr.	Nashville, Tenn. (Harpeth Hall)

COACHING STAFF

Head Coach: **Cathy Swezey**

Assistant Coach: **Susan Ellis**

Assistant Coach: **Amber Falcone**

PRONUNCIATION GUIDE...

Cathy Swezey *SWEE-zee*

Katherine Denkler *DENK-lur*

Emily Franke *FRANK*

D. and L. Keenan *KEY-nan*

Taylor Lange *LANG*

Alex Priddy *PRID-dee*



The Vanderbilt Class of 2010. (L-R): 1st Row: Allie Frank, Anastasia Adam; 2nd Row: Sarah Downing, Megan Gibson, Laura Keenan, Carter Foote, and Alex Mundy.

COMMODORE LACROSSE

2010 Schedule

DATE	OPPONENT	LOCATION	TIME
F14	DUKE	NASHVILLE	1 p.m. CT
F19	at North Carolina	Chapel Hill, N.C.	6 p.m. ET
F27	at UMBC	Baltimore, Md.	1 p.m. ET
M7	at Stanford	Palo Alto, Calif.	1 p.m. PT
M10	LONGWOOD	NASHVILLE	4 p.m. CT
M13	BOSTON UNIVERSITY	NASHVILLE	1 p.m. CT
M17	LOUISVILLE	NASHVILLE	5 p.m. CT
M21	*PENN STATE	NASHVILLE	1 p.m. CT
M24	at Notre Dame	South Bend, Ind.	2:30 p.m. ET
M28	at Delaware	Newark, Del.	1 p.m. ET
A3	*JOHNS HOPKINS	NASHVILLE	1 p.m. CT
A10	*OHIO STATE	NASHVILLE	1 p.m. CT
A14	at Binghamton	Binghamton, N.Y.	1 p.m. ET
A18	*at Florida	Gainesville, Fla.	1 p.m. ET
A24	*at Northwestern	Evanston, Ill.	7 p.m. CT

All times are local and subject to change. Home matches in **BOLD** will be played at the VU Lacrosse Complex in Nashville (Central Time); * denotes American Lacrosse Conference Game

Postseason

ALC TOURNAMENT



May 6-9
Columbus, Ohio

NCAA TOURNAMENT



May 16
First Round

May 22
Quarterfinals

May 28/30
Final Four
Towson, Md.

Vanderbilt Lacrosse Quick Facts

Enrollment: 6,532 (Undergraduate)
 Facility/Capacity: Vanderbilt Lacrosse Complex (2,400)
 Nickname: Commodores
 Colors: Black & Gold
 Conference: American Lacrosse Conference
 Chancellor: Nicholas S. Zeppos
 Vice Chancellor David Williams II
 Director of Sport Operations: Brian Reese
 Director of Compliance/SWA: Candice Storey
 Department Phone: (615) 322-4727

Head Coach: Cathy Swezey (Trenton State, 1993)
 Career Record/Years: 102-94 (12 seasons)
 School Record/Years: Same
 Assistant Coaches: Susan Ellis, Amber Falcone
 2009 Record: 10-7
 Conference Record/Finish: 2-2/4th
 Postseason: NCAA First Round
 Letterwinners: Returning 22/Lost 5
 Starters: Returning 11/Lost 1
 Newcomers: 7

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On the cover (clockwise from top left): Senior captains **Anastasia Adam, Sarah Downing, Carter Foote** and **Alex Mundy**. The 2010 Vanderbilt Lacrosse Media Guide was written and compiled by Greg McMillin, Vanderbilt Athletic Communications. Cover design and university pages by Vanderbilt Creative Services, Judy Orr, Director. Design template by David Lowry, David G. Lowry Grafix. Photography by VU Photography. Printing by Franklin Graphics. Special thanks to Josh Ambrose, Chris Weinman and Travis Young.



For any assistance in covering the Vanderbilt lacrosse team, please contact Greg McMillin in the Vanderbilt Athletic Communications office.

Up-to-date information on the Commodores is always available at:
VUcommodores.com



SEASON PREVIEW

"Going into this year, you can't help but be excited. We've only graduated one starter from our lineup. While Cara was an All-American and a great contributor, we have a lot returning.... We had a really positive fall and feel good about how far our defense has come and about the continued success of our attack." – Coach Swezey

After reaching the NCAA Tournament for the third consecutive year in 2009, Head Coach Cathy Swezey's Commodores will look to advance further behind 11 returning starters and a group of seven seniors.

Vanderbilt entered the 2009 season with only five returning starters and an inexperienced team, yet managed to rise as high as 10th in the national rankings during the season.

"Going into this year, you can't help but be excited," said Swezey. "We only graduated one starter from our lineup. While Cara Gior-dano was an All-American and a great contributor, we have a lot returning."

Among those starters returning are seniors Sarah Downing and Alex Mundy, who each received All-America and All-Conference honors in 2009. Downing set single-season school records in goals scored (55) and points (81), leading a high-powered offensive attack. On the other end of the field, Mundy was a defensive force for the Commodores as she led the team with 43 ground balls as well as recording 13 draw controls and 23 caused turnovers.

"Sarah and Alex are both returning All-Americans, which is great news for us. They will anchor the attack and the defense," said Swezey. "Their leadership will be crucial to our success."

Downing, Mundy, Carter Foote and Anastasia Adam were all named captains by the team for the season.

Foote started every game in 2009 for the 'Dores. She was a major contributor with 36 goals and 12 assists for 48 points. "Carter is an extraordinary attacker whose game has just continued to grow every year," remarked Swezey.



Seniors Laura Keenan (left) and Allie Frank each played in all 17 games for the Commodores last season.

RETURNING OFFENSIVE LEADERS

Name	GP/GS	G	A	PTS
Downing...	17/17	55	26	81
Carey...	16/16	31	23	53
Denkler...	17/17	38	11	49
Foote...	17/17	36	12	48
Frank...	17/6	10	19	29

Adam is another returning midfielder starter who is expected to play a big role this season. "Anastasia is a solid, all-around midfielder who does everything for us," said the head coach.

Allie Frank and Megan Gibson will also help lead the team as seniors this season. "Allie has phenomenal speed and has really found her offensive side this past fall," said Swezey. "Meg Gibson is the eyes and the ears of the defense and is a great leader on the defensive end."

Last but not least among the seniors is Laura Keenan. The returning midfielder started every game as a junior last season while contributing on both sides of the field.

In the junior class, Katherine Denkler, Catherine Mitchell, and Claire Leonard return after starting in all 17 games in 2009.

"Denkler is a fast attacker who turns the corner so quickly," commented Swezey. "Claire Leonard and Catherine Mitchell will both be critical to our success. They will do a good job locking us down on the defensive end. Emily Franke has also worked hard over the last few years to start. She has great stick skills, a good presence on defense, and plays both ends of the field equally well."

Among the top performers of the successful 2009 season was freshman Ally Carey, who came to Vanderbilt as the No. 1 recruit in the country according to *Inside Lacrosse*. Carey netted 31 goals and 22 assists for 53 points to lead all newcomers. For her play, she was recognized as a second-team All-ALC performer while also being named to the womenslacrosse.com All-Rookie team.

"Ally is going to continue to be a big player for us. She is incredibly athletic and gifted. She'll have another great year."

2010 OUTLOOK

Carey's sophomore classmates will all look to expand upon their contributions in 2010. Second-year players like Natalie Wills, Alex Priddy, Courtney Kirk, Hannah Clark and Taylor Lange all earned significant minutes last season.

"All 10 sophomores will play this year. They have worked so hard to be successful."

Wills earned the starting job between the pipes early in the season and finished with a solid 10-5 record that included 131 saves. Her performance helped her be noticed by the organizer's of the 2009-10 U.S. Developmental Team.

Coach Swezey has continued to rave about the Kent Island, Md. native's performance. "Natalie is coming off a really successful summer. She's going to have a tremendous year. She's so quick in the goal and has gotten more comfortable with coming out of the cage and making plays for us. We're expecting significant things for her. I truly expect her to be the anchor of our defense."

Kacie Connors, Kendall Pittinger, Alex Priddy, and Kelly Connors are each expected to play a strong role on the second midfield line for the Commodores.

With the line attack, Courtney Kirk and Hannah Clark will both be counted on to contribute. "Hannah is so fast," remarked Swezey. "Her one-on-one speed is so tough to stop. Courtney is a quick attacker with great field vision."



Sophomores Ally Carey (top) and Natalie Wills emerged as team leaders in their first season at Vanderbilt.

Taylor Lange and Catherine Carr will each play key roles for line defense with their strong play.

Seven freshmen will be making their debuts in 2010: Casey Bakker, Paige Cahill, Sarah Dolan, Olivia Goodman, Carly Linthicum, Katie Parsels and Chelsea Pasfield.

The Commodores will open the 2010 campaign at home against Duke on February 14 before setting out on a three-game road swing to North Carolina, UMBC and Stanford.

The 2010 season will feature three new opponents. Vanderbilt will take on Longwood, Louisville and Florida for the first time in school history.

The conference slate for the Commodores includes matchups with Penn State, Johns Hopkins, Ohio State, Florida and defending national champion Northwestern.

The home schedule for the Commodores includes seven games that feature three conference matchups in Penn State, Johns Hopkins, and Ohio State. Duke, Longwood, Louisville and Boston University will also be making trips to Nashville this season.

Vanderbilt will be travelling across the country from New York to Florida to California to play eight road games.

Ohio State will host the 2010 ALC Tournament this May. The NCAA Tournament will begin play on May 16 and culminate at the 2010 Final Four in Towson, Md.



2010 NEWCOMERS

Name	Position
Casey Bakker	Midfield
Paige Cahill	Defense
Sarah Dolan	Defense
Olivia Goodman	Midfield
Carly Linthicum	Attack
Katie Parsels	Midfield
Chelsea Pasfield	Defense



HEAD COACH

CATHY SWEZEY

When Cathy Swezey was named the Head Coach of a lacrosse program still in its infancy in 1997, the Moorestown, N.J., native quickly went to work building a tradition of excellence from the ground up.

Now in her 13th season in Nashville, Swezey has enjoyed tremendous success coaching lacrosse -- a sport traditionally concentrated in the northeast -- in one of the South's most dynamic cities.

Last year, Swezey's Commodores earned their third consecutive bid to the NCAA Tournament and won at least 10 games for the sixth time in school history. The previous year Swezey was named the American Lacrosse Conference Coach of the Year and was honored as Vanderbilt's Coach of the Year for women's athletics.

In 2007, Nashville played host to a first-round game in the NCAA Division I Women's Lacrosse Tournament for the first time in history. And it was Swezey that brought the first team from the outside of the eastern time zone to the NCAA Final Four in 2004.

Swezey began building her powerful program prior to the 1998 season. Her first team went 7-9, but a mere two years later and Swezey's 2000 squad would defeat a Top-10 team, Boston University, for the first time in the history of the program. Vanderbilt ended the year ranked 13th in the nation -- one spot from reaching the NCAA Tournament. Swezey was nominated as Coach of the Year by the IWLCA.

In 2002, Vanderbilt became a charter member of the American Lacrosse Conference. For guiding her team to its highest ranking ever, No. 8, and its first appearance in the NCAA Tournament, Swezey earned Coach of the Year honors from the ALC and InsideLacrosse.com.

The Commodores' success has produced a snowball effect in Middle Tennessee. Swezey moved her team into a state-of-the-art facility, the Vanderbilt Lacrosse Complex, in 2003. The team also has created quite a buzz for the sport of lacrosse in and around Nashville, now regularly hosting clinics and workshops to help young Tennesseans improve their game.

Swezey's coaching career began at her alma mater, Trenton State College (now the College of New Jersey). She was a graduate assistant coach for both the field hockey and lacrosse teams from 1994-1996. During that time, the lacrosse team earned two NCAA championship titles, and the field hockey team earned the title in 1995. While coaching, Swezey was able to earn her master's degree in teaching with a health education specialization.

The three-time All-American had an impressive two-sport career at Trenton State in both field hockey and lacrosse. Swezey started for Trenton State's national championship lacrosse teams in 1991, 1992 and 1994, and for the 1990 national runner-up squad. Swezey missed the 1993 season with a knee injury, but returned to the field the following year.

Not only was she an All-American in 1992, she received the honor again in 1994. Swezey was named to the NCAA Final Four All-Tournament team in 1992 and 1994, and earned the Attack Player of the Year award from the South Jersey Lacrosse Club her senior season. She became a member of the U.S. lacrosse squad upon graduation in 1994.

Swezey is married to Scooter Gross, and the couple have two children.



13th Season at Vanderbilt

College

Trenton State (currently TCNJ)
B.A., Psychology, 1993
Masters, Teaching, 1996

High School

Moorestown (N.J.)

COACHING CAREER

1997-present **Vanderbilt**
Head Coach

1996-97 **James Madison**
Assistant Coach

1994-96 **Trenton State**
Graduate Assistant Coach

Member, United States Women's Lacrosse Association... 2002 American Lacrosse Conference Coach of the Year... insidelacrosse.com National Coach of the Year (2002)... NCAA Semifinalist (2004).

PLAYING CAREER

1994-95 **U.S. National Team**

1990-94 **Trenton State**
NCAA Division III National Champion (1991, 1992, 1994)... NCAA Division III Runner-up (1990)... 1994 Team Captain... Two-time All-American (1992, 1994)... 1994 Attack Player of the Year... NCAA All-Tournament Team (1992, 1994).

1986-89 **Moorestown High**



ASSISTANT COACHES



**AMBER
FALCONE**
Assistant Coach
First Season
North Carolina, 2009

Amber Falcone is in her first season as an assistant coach with the Commodores. She is joining the Vanderbilt staff after graduating from North Carolina in 2009.

She was recently named the best defender at the 2009 Women's Lacrosse World Cup, where she led Team USA to the its sixth World Cup title.

Prior to coming to Vanderbilt, Falcone was named the Intercollegiate Women's Lacrosse Coaches Association's 2009 Defender of the Year as a senior for North Carolina. She led the Tar Heels to a runner-up finish in the 2009 NCAA Tournament. A native of Westminster, Md., Falcone was the first Tar Heel to earn All-America honors four times.

"I could not be more excited about having Amber join our coaching staff," Head Coach Cathy Swezey said. "She has amazing energy and will certainly bring a spark to our program. Amber's success as a player for both UNC and the U.S. World Cup team will be invaluable. She has a proven track record and I feel she will transition easily into the coaching ranks. Her new ideas and thoughts will be critical to our success as we enter a year where the sky is the limit."

Susan Ellis is in her 11th season as an assistant coach for the Commodores. Working primarily on the defensive side of the ball, Ellis joined Cathy Swezey's Commodore staff in 2000.

Coach Falcone on the team...

"Vanderbilt has a wonderful lacrosse program and an excellent academic reputation. This summer was the best experience of my life, and now to have this great opportunity to come to Nashville is extremely exciting."



**SUSAN
ELLIS**
Assistant Coach
11th Season
Trenton State, 1994

Susan Ellis has been an important part of the Commodores' success over the past 10 seasons. Her hard work was lauded in 2009 when she was named the Assistant Coach of the Year by the Intercollegiate Women's Lacrosse Coaches Association (IWLCA) in the first year of the award.

Ellis shaped the defensive unit that advanced to the 2004 NCAA Final Four by holding fifth-ranked Loyola and fourth-ranked James Madison to four goals each in the first two rounds.

"Our players consistently count on Sue's knowledge and experience to assist them in their development," Swezey said. "She will continue to play an integral part in our success and growth as we position ourselves to remain one of the elite programs in the country."

Prior to her time at Vanderbilt, the former Susan Pley was the assistant lacrosse and field hockey coach at Moorestown Friends High School (N.J.) from 1997-2000. She helped lead the team to the 1999 Friends League lacrosse championship.

Ellis, a former collegiate teammate of head coach Cathy Swezey at Trenton State (now called The College of New Jersey), was a two-time All-America selection. She also received Defensive Player of the Year recognition in 1994 from the IWLCA. She earned a bachelor's degree from Trenton State in sociology.

Off the field, Ellis assists with numerous aspects of team coordination, including travel arrangements. She has also had an important role in building Vanderbilt's CHAMPS/Life Skills program to enrich the off-the-field lives of student-athletes.

Ellis and her husband, James, have three children.



2010 COMMODORES



ANASTASIA ADAM
SENIOR 5'6"
MIDFIELD

33

Severna Park, Md.
(Severn School)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/11	3	5	8	19/2	13	4	9
2008	10/8	6	2	8	18/5	7	2	7
2007	17/7	5	4	9	17/4	6	4	4
Career	44/26	14	11	25	54/11	26	10	20

CAREER STATISTICS

2009: Appeared in 17 games with 11 starts... Recorded three goals... Fifth on the team in assists... Scored goals against Cincinnati, Johns Hopkins, and in the ALC Tournament against Johns Hopkins.

2008: Appeared in 10 games with eight starts in VU's first eight games... Tallied a career-high six goals during the season... Recorded goals against UMBC, Lehigh, Virginia Tech and Cornell.

2007: One of only two freshmen to appear in all 17 games... Started seven of VU's first eight games... Scored three points in her first collegiate appearance against Albany... Tallied goals in four separate contests.

High School: Named first-team All-County in 2005 by the Capital Gazette and the Baltimore Sun after leading team to an IAAM runner-up finish... Also earned All-America honors and team MVP.

Personal: Born Anastasia Marie Adam on Sept. 7, 1988, in Annapolis, Md... Daughter of Harriet and Brian Adam... Majoring in human and organizational development... Named to the 2007 SEC Academic Honor Roll.

Coach Swezey on the senior captains...

"Sarah Downing and Alex Mundy both anchor the attack and the defense. They will be a big difference on leadership for both ends of the field. Anastasia is an all-around, solid midfielder who does everything for us. Carter is an extraordinary attack who's game has just continued to grow every year."



SARAH DOWNING
SENIOR 5'9"
ATTACK

18

Morristown, N.J.
(Hotchkiss)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	55	26	81	98/10	29	14	32
2008	19/19	33	20	53	69/11	23	18	18
2007	16/5	18	8	26	38/3	18	7	13
Career	52/41	106	54	160	205/24	70	39	63

CAREER STATISTICS

2009: First-team All-American... Started all 17 games... Set school records for goals scored (55) and points (81)... Led the team in scoring, goals, and assists... Fifth on the team in ground balls... Scored goals in 16 contests... Had multiple goals in 15 games... Tallied a career high, six-goal game against No. 9 Notre Dame... Had five goals against UMB, Binghamton, and Delaware... Named ALC Offensive Player of the Week after her performance against Notre Dame.

2008: One of nine players to start all 19 games... Tied third on the team in scoring... Second on the team in points and assists... Recorded goals in 15 contests... Recorded at least one goal and one assist in 10 games... Totaled 24 points in first five games... Netted three goals with four assists against Lehigh.

2007: Played in 16 games, starting in five of VU's last six contests as a freshman... Led all freshmen in scoring... Tallied goals in 11 games... First career goal came against Albany... Had four goals, one assist and five ground balls against Lehigh... Came up with three draw controls versus Duke and Syracuse.

High School: Three-time NEPSWLA All-Star from 2004-06... Won the Kelly Stone Lacrosse Prize in 2006... Named a first-team high school all-american in 2005 and again in 2006... Helped team win three Founder's League titles.

Personal: Born Sarah von Stade Downing on Oct. 5, 1987, in London, England... Daughter of Francie and John Downing... Majoring in human and organizational development.

Coach Swezey on the remaining seniors...

"Allie Frank has phenomenal speed and has really found her offensive side this past fall; she will be a critical scorer for us out of the midfield. Meg Gibson is the eyes and ears of the defense; she's a greater leader for us. Laura Keenan plays both ends of the field equally well. She has great presence on defense and has a good eye for feeding the ball on offense."

2010 COMMODORES



CARTER FOOTE
SENIOR 5'9"
MIDFIELD

Alexandria, Va.
(St. Stephens/St. Agnes)

24

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	36	12	48	79/7	18	11	27
2008	19/15	35	3	38	66/1	13	6	6
2007	9/0	4	0	4	7/0	2	1	1
Career	45/32	75	15	90	152/8	33	18	34

CAREER STATISTICS

2009: Started all 17 games... Third on the team in goals... Fourth on the team in assists and points... Scored in every game except one... Had multiple goals in 11 games... Tied her career high with five goals against Boston University.

2008: Started 15 games and appeared in 19 contests... Second on the team in goals... Tied third on the team in points... Scored goals in every game but two... Recorded career, game-high in goals (five) against Cincinnati.

2007: Appeared in nine games during her freshman season... Scored a goal in her first collegiate match against Albany... Tallied a hat-trick in VU's 21-4 win over Lehigh... Came up with a crucial draw control against California.

High School: Virginia Independent Schools Player of the Year... Earned similar honor from Washington Examiner... Under Armour All-American in 2006... Saints were ranked third or better nationally for three straight years.

Personal: Born Margaret Carter Foote on April 23, 1988, in Alexandria, Va... Daughter of Jane and George... Majoring in human and organizational development.



ALLIE FRANK
SENIOR 5'6"
ATTACK

Annapolis, Md.
(Severn School)

19

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/6	10	19	29	24/5	10	1	12
2008	17/0	4	2	6	12/2	9	0	2
2007	16/0	7	6	13	10/1	3	3	2
Career	50/6	21	27	48	46/8	22	4	16

CAREER STATISTICS

2009: Played in all 17 games, with six starts... Third on the team in assists... Sixth on the team in points... Eighth on the team in goals scored... Scored two goals against Notre Dame in the NCAA Tournament... Has played in all but one game during her career.

2008: Appeared in 17 games... Recorded two goals and an assist against Albany... Saw action versus Johns Hopkins and Northwestern in the ALC Tournament, and No. 8 Princeton in NCAA Tournament.

2007: Appeared in all but one game during her freshman season... Scored her first career goal at Duquesne... Also tallied against Lehigh (two), Cornell (three) and Johns Hopkins... Personal-best four points against Lehigh... Made 7-of-10 shot attempts on the season to lead the team in accuracy.

High School: Named team MVP after leading team to a nIAAM runner-up finish in 2005... Earned Conference All-Star honors... Recognized on the Mid-Atlantic and All-Galaxy teams... Earned honorable-mention All-Metro honors.

Personal: Born Alexandra Marie Frank on Dec. 5, 1988, in Washington, D.C.... Daughter of Karen and Dennis Frank... Named to the 2007 SEC Academic Honor Roll.

RETURNING DEFENSIVE LEADERS

Name	GP/S	GB	CT	DC
Mundy	17/17	43	23	13
Leonard	17/17	15	20	6
Carey	16/16	33	16	61
L. Keenan	17/17	23	11	12
Mitchell	17/17	13	11	3



2010 COMMODORES



MEGAN GIBSON
SENIOR 5'3"
MIDFIELD

Germantown, Tenn.
(Hutchison School)

25

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	0	0	0	0/0	15	7	5
2008	10/0	2	1	3	4/2	4	2	4
2007	1/0	0	0	0	3/0	1	0	0
Career	28/17	2	1	3	7/2	20	9	9

2009: 2009: One of eight players to start all 17 games... Tied for eighth on the team in ground balls... Forced three turnovers against Northwestern in the ALC Tournament... Named to the IWLC 2009 Academic Squad.

2008: Appeared in 10 games... Scored goals against Cornell and Ohio State... Grabbed one ground ball and caused a turnover against Virginia Tech.

2007: Appeared in the Commodores' first game of the season, an 18-5 win over Albany... Took three shots and picked up a ground ball in her only action.

High School: Earned first-team all-state honors... Named an All-American following her senior year... Recipient of the Marjorie Hudson Wright Senior Award for outstanding contribution to athletics program... Named to the southeast region team three years running from the Skywalkers club team (Md.).

Personal: Born Megan Elizabeth Gibson on May 6, 1988, in Boston... Daughter of Mimi and Greg... Majoring in human and organizational development... Named to the 2007 SEC Academic Honor Roll.



ALEX MUNDY
SENIOR 5'8"
DEFENSE

Ellicott City, Md.
(Glenelg)

1

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	0	1	1	0/0	43	23	13
2008	19/19	1	0	1	3/0	18	7	8
2007	17/0	0	1	1	2/1	16	9	6
Career	53/36	1	2	3	5/1	77	39	27

2009: Third-team All-American... Started all 17 games... Led the team in ground balls... Recorded seven ground balls, three caused turnovers, and two draw controls against Cincinnati... Recorded five ground balls, four caused turnovers, and two draw controls against Notre Dame.

2008: Started all 19 games... Eighth on the team in ground balls... Scored a goal and grabbed three ground balls against Virginia Tech... Totaled five ground balls and three caused turnovers in both meetings with Northwestern.

2007: One of only two freshmen to appear in all 17 games... In her first appearance as a Commodore, caused a turnover against Albany... Personal-best three caused turnovers at Duquesne... Came up with a season-high three ground balls in the ALC Tournament against Johns Hopkins.

High School: Earned All-America honors from US Lacrosse and Under Armour... Named to first-team All-Galaxy Lacrosse Team... Named a US Lacrosse Academic All-American.

Personal: Born Alexandra Leigh Mundy on March 26, 1988, in Baltimore... Daughter of Cathy and Jim... Majoring in political science... On the 2007 SEC Academic Honor Roll.



LAURA KEENAN
SENIOR 5'7"
MIDFIELD

Baltimore, Md.
(Roland Park)

20

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	13	9	22	41/5	23	11	12
2008	19/8	8	7	15	27/1	7	3	13
2007	5/0	1	0	1	3/0	4	1	0
Career	41/25	22	16	38	71/6	34	15	25

2009: One of eight players to start all 17 games... Seventh on the team in goals scored and assists... Eighth on the team in points... Against Cincinnati, totaled two goals, three ground balls, and three draw controls... Named to the IWLC 2009 Academic Squad.

2008: Started eight games and appeared in 19... Eighth on the team in goals and points... Totaled one assist, three ground balls, one draw control and one caused turnover against UMB.

2007: Played in five games as a freshman... Scored a goal in her first career appearance, VU's 18-5 victory over Albany... Scooped two ground balls each against Albany and Lehigh.

High School: Won the White Blazer Award for excellence in three varsity sports (including field hockey and indoor soccer)... Second-team All-City selection.

Personal: Born Laura Frances Keenan on March 7, 1988, in Baltimore... Daughter of Frances and John... Majoring in human and organizational development... Named to the 2007 SEC Academic Honor Roll.



KATHERINE DENKLER
JUNIOR 5'4"
ATTACK

Alexandria, Va.
(St. Stephens/St. Agnes)

23

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	38	11	49	68/6	11	8	17
2008	16/11	12	7	19	29/6	7	2	5
Career	33/28	50	18	68	97/12	18	10	22

2009: Started all 17 games... Second on the team in goals... Third on the team in points... Tied for fifth on the team in assists... Scored five goals against Duke... Scored in every game except one.

2008: Started 11 games, appeared in 16... Sixth on the team in goals and points... Tied fourth in assists... Netted two goals with an assist in first collegiate contest... Recorded career high, three-goal games against Duke and Ohio State.

High School: Four-year starter for Coach Kathy Jenkins' Saints... Two-time All-American... Named to 2007 Tewaaraton list as one of nation's top players... Captain and MVP of her squad as a senior.

Personal: Katherine Grandy Denkler... Born Nov. 15, 1988 in Alexandria, Va... Daughter of Margaret Woods and Kirk Denkler... Sister to Will and Lydia... Planning to major in early childhood education.

2010 COMMODORES



EMILY FRANKE
JUNIOR 5'8"
ATTACK
Towson, Md.
(Towson)

5

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	13/0	5	8	13	12/1	6	2	3
2008	16/4	9	9	18	16/2	6	1	3
Career	29/4	9	9	31	28/3	12	3	6

CAREER STATISTICS

2009: Appeared in 13 games... Eighth on the team in assists... Ninth on the team in goals and points... Scored two goals against Johns Hopkins.

2008: Appeared in 16 games, started four... Seventh on the team in goals and points... Third on the team in assists... Scored two goals with three assists in first two collegiate contests... Recorded career high, three-goal game against Penn State.

High School: Four-year starter for Coach Cathy Brave's Generals... Named team captain and MVP as a senior... Selected first-team all-county and all-division... Earned Academic All-America honors... Played for Skywalkers 2007 Blue club team... Also played soccer and basketball at Towson High.

Personal: Emily Catherine Franke... Born March 14, 1989 in Baltimore... Daughter of Deedee and Bill Franke... Sister to Jamie and Graham... Jamie plays lacrosse at Binghamton University... Brother is a high school all-american lacrosse player... Both parents played rugby at Towson State... Planning to major in human and organizational development.



CLAIRE LEONARD
JUNIOR 5'3"
DEFENSE
Bethesda, Md.
(Holton Arms)

10

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	0	0	0	0/0	15	20	9
2008	7/0	0	0	0	0/0	3	2	0
Career	24/17	0	0	0	0/0	18	22	9

CAREER STATISTICS

2009: Started all 17 games... Tied for eighth on the team in ground balls... Recorded two draw controls against UMBC... Totaled four ground balls and three caused turnovers against Duke.

2008: Appeared in seven games... Recorded one ground ball and forced one caused turnover against UMBC... Grabbed a ground ball with a caused turnover against Virginia Tech.

High School: Two-year starter for Coach Alivian Coates-Jorgensen's Panthers... Named an honorable-mention All-American for leading her team to the 2007 ISL championship game... First-team all-gazette and all-ISL selection... Also started on the field hockey team for two seasons... Competitive horseback rider who twice qualified for Washington International Horse-show... Teammate of Katherine Denkler on Capitol Lacrosse Club team.

Personal: Claire Linda Leonard... Born Nov. 7, 1988 in New York City... Daughter of Barbara Krumsiek and Bart Leonard... Sister to Veronica... Planning to major in engineering science.



DIANA KEENAN
JUNIOR 5'7"
MIDFIELD
Locust Valley, N.Y.
(Our Lady of Mercy Academy)

6

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	3/0	0	0	0	1/0	0	0	1
2008	3/0	1	0	1	1/0	0	1	0
Career	6/0	1	0	1	2/0	0	1	1

CAREER STATISTICS

2009: Appeared in three games... Played minutes against Boston University, Cincinnati, Binghamton. Recorded one draw control against Boston University.

2008: Appeared in three games... Scored first collegiate goal in her first contest... Forced one caused turnover against Cincinnati.

High School: Four-year starter for Coach Dawn Cerrone's Lady Mustangs... Led team to NSCHS-GAA Class A Championship as a senior captain... Earned all-league honors twice... Four-year all-academic selection in lacrosse, swimming and basketball... Played club ball for Long Island Liberty Lax.

Personal: Diana Elizabeth Keenan... Born Dec. 6, 1989 in New Hyde Park, N.Y.... Daughter of Lauren and Thomas Keenan... Sister to Laura and Carolyn... Father played baseball at SUNY-Maritime... Undecided as to her major.



CATHERINE MITCHELL
JUNIOR 5'5"
MIDFIELD
Millersville, Md.
(Severna Park)

4

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	17/17	0	0	0	0/0	13	11	3
2008	4/0	0	0	0	0/0	2	0	0
Career	21/17	0	0	0	0/0	15	11	3

CAREER STATISTICS

2009: Started all 17 games... Caused three turnovers against UMBC... Caused two turnovers against Johns Hopkins... Grabbed two ground balls against Penn State... Came up with a draw control against Duke, Cincinnati, and Notre Dame.

2008: Appeared in four games... Played minutes against Cincinnati, UMBC, Lehigh and Albany.

High School: Three-year starter the Coach Carin Peterson's Falcons... Helped team to state championship in her senior season... Also won three county titles and two regional crowns... Four-time selection to Minds in Motion... Also lettered in track & field... Played for CCLax (Chesapeake Club Lacrosse).

Personal: Catherine Light Mitchell... Born Nov. 14, 1989 in Dallas... Daughter of Kathy and Jim Mitchell... Sister to Lauren and Caroline... Lauren played soccer at Vanderbilt... Planning to major in human and organizational development or economics.



2010 COMMODORES



MEGHAN ROSE
JUNIOR 5'3"
MIDFIELD
14
Poolesville, Md.
(Poolesville)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	2/0	0	0	0	2/1	0	0	1
2008	2/0	1	0	1	3/0	0	0	0
Career	4/0	1	0	1	5/1	0	0	1

CAREER STATISTICS

2009: Appeared in two games... Played minutes against Cincinnati and Binghamton.

2008: Appeared in two games... Played minutes against Cincinnati and Albany... Scored a goal against Albany.

High School: Four-year starter for Coach May Shlash's Falcons... Two-year team captain was named an All-Montgomery Gazette selection in 2005, '06 and '07... Also lettered in soccer and track... Won numerous state championships with the Poolesville track team... Played for M&D Lax as a member of the 07 Black squad.

Personal: Meghan Louise Rose... Born Jan. 20, 1989 in Washington, D.C.... Daughter of Diane and Richard Rose... Sister to Emily... Emily attends Penn State University... Planning to major in human and organizational development.



CATHERINE CARR
SOPHOMORE 5'5"
DEFENSE
13
Edgewater, Md.
(St. Mary's)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	2/0	0	0	0	0/0	0	0	0
Career	2/0	0	0	0	0/0	0	0	0

CAREER STATISTICS

2009: Appeared in two games... Played minutes against Duke.

High School: Three-year starter for Coach Sue Chittim's Saints... Member of the 2005 IAAM Champion team... Saint Mary's Defensive Player of the Year... Received the Saints Star Award... Member of the National Honor Society... A Parvus Scholar... Garnered a National Merit Honorable mention... Distinguished as a Maryland Distinguished Scholar.

Personal: Catherine Grace Carr... Born on July 18, 1990, in Annapolis, Md.... Daughter of Patricia and Charles Carr... Sister to Christian... Christian plays lacrosse for Loyola College... Undecided on a major.



ALLY CAREY
SOPHOMORE 5'8"
MIDFIELD
2
Bel Air, Md.
(John Carroll)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	16/16	31	22	53	79/9	33	16	61
Career	16/16	31	22	53	79/9	33	16	61

CAREER STATISTICS

2009: Started all 16 games that she played in... Led all freshmen in goals, assists, points, and ground balls... Second on the team in assists, points, and ground balls... Fourth on the team in goals scored... Recorded two goals against North Carolina in her first collegiate game... Had ten games with multiple goals scored... Tallied a career high, four-goal game against Delaware... Received Rookie of the Week honors.

High School: Four-year starter for Coach Kristyn Porchella's Patriots... Three-time All-American and twice named Academic All-American... Chosen to the Tewaaraton High School Team in 2007 and 2008... 2008 Baltimore Sun Female Athlete of the Year as well as Lacrosse Player of the Year... Named Harford County Player of the Year in 2008... Selected Player of the Match for Team USA's U-19 Semifinal game vs. England in 2007... Thrice honored as All-Met, All-County, IAAM All-Star.

Personal: Allyson Nicole Carey... Born July 23, 1990, in Baltimore... Daughter of Donna and Ben Carey... Sister to Kristina and Samantha... Planning to major in business.



HANNAH CLARK
SOPHOMORE 5'3"
ATTACK/MIDFIELD
16
Chatham, N.J.
(Chatham)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	11/0	0	2	2	7/1	0	1	0
Career	11/0	0	2	2	7/1	0	1	0

CAREER STATISTICS

2009: Appeared in 11 games... Recorded assists against UMBC and Cincinnati... Forced one caused turnover against Cincinnati.

High School: Four-year starter for Coach Deb Marriott's Cougars... Member of the 2008 County and State Champion team... 2008 Tournament of Champions finalist... Academic All-American in 2007 and 2008... First Team, all-morris conference and all-area in 2008... Second team all-area all-county and all-conference in 2007... First team all galaxy in 2006... Outstanding Academic Achievement Awards in Spanish and Biology... Received the Nat'l English Merit Award.

Personal: Hannah Hargrove Clark... Born on Oct. 7, 1989, in Morristown, N.J.... Daughter of Garrett and Gerry Clark... Sister to Cameron and Emery... Cameron is a senior at Vanderbilt... Undecided on a major.



2010 COMMODORES



KACIE CONNORS
SOPHOMORE 5'6"
MIDFIELD
St. Davids, Pa.
(Radnor)

21

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	5/0	0	0	0	0/0	0	1	0
Career	5/0	0	0	0	0/0	0	1	0

2009: Appeared in five games... Played minutes against Northwestern, Cincinnati, Binghamton, Ohio State, and Johns Hopkins.

High School: Two-year starter for Coach Phyllis Kilgour's Raiders... AAA Pennsylvania district State Champs in 2008... Team went undefeated 23-0, first time since 1986... HS squad finished runner-up to rival Conestoga in the finals 2005... Received All Main Line-honorable Mention in 2007... Second Team Central League in 2008.

Personal: Kacie Lynn Connors... Born on Feb. 6, 1990, in Bryn Mawr, Pa.... Daughter of Wendy and John Connors... Sister to Kristin, Kim, and John... Twin sister to teammate Kelly Connors... Kristin played lacrosse at Columbia University... Kim won a NCAA I lacrosse championship at University of Virginia... John played club lacrosse at Hobart College... Undecided on a major.



COURTNEY KIRK
SOPHOMORE 5'3"
ATTACK
Baltimore, Md.
(Roland Park Co. School)

3

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	10/0	5	6	11	9/1	1	0	0
Career	10/0	5	6	11	9/1	1	0	0

2009: Appeared in ten games... Tied for ninth on the team in goals and assists... Tenth on the team in points... Scored her first collegiate goal against Cincinnati... Recorded career high, two-goal game against Binghamton.

High School: Three-year starter for Coach Erin Brown Millon's Reds... Towson Times Player of the Year... IAAM All-Star... All City First Team... "Meledin Athletic Merit" Award as a senior... "Excellence in Lacrosse" Award as a junior... Member of the Spanish Honors Society.

Personal: Courtney Victoria Kirk... Born Feb. 24, 1990, in Baltimore... Daughter of Joy and Harvey Kirk... Sister to Lindsey, Austin and Chelsea... Mother played college lacrosse at Dennison... Chelsea plays lacrosse at Dartmouth... Planning to major in business.



KELLY CONNORS
SOPHOMORE 5'3"
MIDFIELD
St. Davids, Pa.
(Radnor)

22

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	3/0	1	0	1	1/0	0	1	0
Career	3/0	1	0	1	1/0	0	1	0

2009: Appeared in three games... Scored her first collegiate goal against Binghamton... Played minutes against Cincinnati, Binghamton, and Notre Dame... Forced one caused turnover against Binghamton, Notre Dame.

High School: Started for Coach Phyllis Kilgour's Raiders... AAA Pennsylvania district State Champs in 2008... Team went undefeated 23-0, first time since 1986... HS squad finished runner-up to rival Conestoga in the finals 2005... Received All-Mainline recognition in 2007.

Personal: Kelly Leigh Connors... Born on Feb. 6, 1990, in Bryn Mawr, Pa.... Daughter of Wendy and John Connors... Sister to Kristin, Kim, and John... Twin sister to teammate Kacie Connors... Kristin played lacrosse at Columbia University... Kim won a NCAA I lacrosse championship at University of Virginia... John played club lacrosse at Hobart College... Undecided on a major.



TAYLOR LANGE
SOPHOMORE 5'10"
DEFENSE/MIDFIELD
Sparks, Md.
(Hereford)

17

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	9/0	0	0	0	0/0	3	1	1
Career	9/0	0	0	0	0/0	3	1	1

2009: Appeared in nine games... Came up with a draw control against Northwestern... Tallied a ground ball and a caused turnover against Cincinnati... Netted ground balls against Johns Hopkins and in the ALC Tournament against Johns Hopkins.

High School: Three-year starter for Coach Anne Ensor's Bulls... Chosen to try out in final round for 2006 U-19 Women's National Team... Attended the Duke Super Elite Women's Lacrosse Camp, Stanford Girls' Elite Lacrosse Camp and UNC Girls' Elite Lacrosse Camp... Member of the National Honor Society and the National Art Honor Society... Army Reserve National Scholar Athlete... Maryland Distinguished Scholar Honorable Mention.

Personal: Taylor Anne Lange... Born Sept. 17, 1989, in San Diego... Daughter of Karen and Robert Lange... Sister to MacKenzie and Jeremy... Majoring in human and organizational development.



2010 COMMODORES



KENDALL PITTINGER
SOPHOMORE 5'5"
ATTACK/MIDFIELD

15

Baltimore, Md.
(Severna Park)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	4/0	1	0	1	2/0	1	3	1
Career	4/0	1	0	1	2/0	1	3	1

CAREER STATISTICS

2009: Appeared in four games... Scored her first collegiate goal against Binghamton... Played minutes against Cincinnati, Binghamton, Delaware, and Johns Hopkins.

High School: Three-year starter for Coach Carin Peterson's Falcons... Second Team All County from 2006-08... Helped her team win the state championship in 2007 and 2008... Member of the state finalist team in 2006... An Academic All American in 2007.

Personal: Kendall Blair Pittinger... Born Nov. 4, 1990, in Baltimore... Daughter of Kara and Craig Pittinger... Sister to Bryn and Tyler... Undecided on a major.



NATALIE WILLS
SOPHOMORE 5'8"
GOALKEEPER

7

Kent Island, Md.
(St. Mary's)

Year	GP/S	MIN	SV	GA	GAA	SV%	W-L	GB
2009	16/13	812	131	153	11.29	.461	10-5	32
Career	16/13	812	131	153	11.29	.461	10-5	32

CAREER STATISTICS

2009: Appeared in 16 games with 13 starts... In her first start against UMBC, recorded nine saves... Totaled 131 saves on the season... Finished with a record of 10-5 as goalkeeper... Recognized as the WomensLax.com Rookie of the Week after notching 13 saves and three ground balls against Penn State... Named to the 2009-10 U.S. Developmental team.

High School: Three-year starter for Coach Sue Chittim's Saints... Chosen to the Tewaarton High School Team in 2008... An Under Armour All American... Member of the Lacrosse Mid Atlantic Team 1... First-Team All County 2007-08... Named Second-Team by the Baltimore Sun in 2007 and 2008, Honorable Mention Washington Post 2007 and 2008... Member of the National Honor Society... Received the U.S. President's Academic Excellence Award in 2008.

Personal: Natalie Dunn Wills... Born June 12, 1990, in Baltimore... Daughter of Bucky and Jim Wills... Sister to Laura... Majoring in human and organizational development.



ALEX PRIDDY
SOPHOMORE 5'4"
MIDFIELD

12

Davidsonville, Md.
(Spalding)

Year	GP/S	G	A	PTS	SH/FPS	GB	CT	DC
2009	15/1	21	3	24	46/7	5	2	14
Career	15/1	21	3	24	46/7	5	2	14

CAREER STATISTICS

2009: Named to the All-West/Midwest Region second team... Appeared in 15 games, starting against Boston University... Sixth on the team in goals scored... Seventh on the team in points... Netted three goals in her first collegiate game against North Carolina... In her first start, recorded five goals.

High School: Two-year starter for Coach Renie Sotiropoulos's Admirals... Received All County recognition junior and senior years... Baltimore Sun All Met in senior year... Academic All American junior and senior years... Helped team to state finals junior year and semifinals senior year... Awarded team MVP junior year and best offensive player senior year... Member of the National Honor society and Cum Laude Society.

Personal: Alexandra Marie Priddy... Born Sept. 8, 1990, in Baltimore... Daughter of Denise and David Priddy... Sister to Kevin and Ben... Undecided on a major.



CASEY BAKKER
FRESHMAN 5'8"
MIDFIELD

11

Ridgewood, N.J.
(Ridgewood)

High School: Six-year starter for Coach Carla Mixon's Maroons... Team MVP in junior and senior years... Also lettered in basketball... Received All American Honorable Mention recognition her senior year... Academic All American her junior year... Helped lead her team to two Bergen County championships and two NNJILL Stars Division championships... First Team All-Suburban selection her junior and senior years... Played for the Tri-State All-Stars.

Personal: Casey Elizabeth Bakker... Born Feb. 20, 1991, in Ridgewood, N.J.... Daughter of Edward and Frances Rose... Sister to Brett and Ryan... Planning to major in human and organizational development... Ryan plays lacrosse at Bucknell and Edward played basketball at Iona.

2010 COMMODORES



PAIGE CAHILL
FRESHMAN 5'7"
DEFENSE/MIDFIELD

Nashville, Tenn.
(Harpeth Hall)

9

High School: Four-year starter for Coach Legare Vest's Honey Bears... Helped lead her team to state championships junior and senior years... Named team MVP her senior year... Received All-Region and All-State honors sophomore, junior, and senior years... Named All-American junior year... All-American Honorable Mention senior year... Played for Skywalkers Lacrosse '09 Blue club team.

Personal: Paige Elizabeth Cahill... Born Jan. 17, 1991, in Trumbull, CT... Daughter of Doug and Terre Cahill... Sister to Chris and Jack... Majoring in elementary education.



CARLY LINTHICUM
FRESHMAN 5'7"
ATTACK

Church Creek, Md.
(Episcopal)

32

High School: Four-year starter for Coach Jen Seferiadis's Maroon... All-American her senior year... Helped lead her team to a state championship her freshman year... Named team MVP her senior year... Named to All-Conference team her freshman, junior, and senior years... All-State her freshman and senior years... Academic All-American her senior year... Played for Chesapeake Club Lacrosse... Also lettered in basketball and soccer.

Personal: Carly Rebekka Linthicum... Born Jan. 1, 1991, in Easton, MD... Daughter of Craig and Debbie Linthicum... Sister to Will and Erika... Majoring in human and organizational development.



SARAH DOLAN
FRESHMAN 5'5"
DEFENSE

Nashville, Tenn.
(Harpeth Hall)

41

High School: Four-year starter for Coach Legare Vest's Bears... Named the team's Most Valuable Player for her senior season... Also earned All-State and All-America honors in 2009... Harpeth Hall's Best Defender, 2008... Earned her first All-State award in 2007... Elected as a team captain for her junior and senior campaigns... Played her club ball for TN LAX under Coach Megan Clark.

Personal: Sarah Virginia Dolan... Born Oct. 4, 1990, in Nashville... Daughter of Margaret and Steve Dolan... Sister to Stephen, 20... Planning to major in human & organizational development.



KATIE PARSELS
FRESHMAN 5'9"
MIDFIELD

Warren, N.J.
(Pingry)

8

High School: Three-year starter for Coach Tony Garcia's Big Blue Bears... Received the Women's Lacrosse Award... Named to Courier News All-Area team her junior and senior years... Member of the National Northeast Regional Team... Played for STEPS Elite club team... Honored as The Pingry School's Outstanding Female Athlete... Also lettered in field hockey and basketball... Received AP Scholar recognition.

Personal: Kathryn Marie Parsels... Born May 14, 1991, in Summit, N.J... Daughter of David and Marika Parsels... Sister to Bryan and Tyler... Undecided on a major.



OLIVIA GOODMAN
FRESHMAN 5'8"
MIDFIELD

Villanova, Pa.
(Agnes Irwin)

26

High School: Three-year starter for the Owls... Set school career record for goals scored with 148... All-American Honorable Mention... Received All-Delaware County, All-Main-Line, and All-Inter-Ac honors... Played for Ultimate Goal club team... Also lettered in soccer, basketball, and cross country.

Personal: Olivia Margaret Goodman... Born May 5, 1991, in Villanova, PA... Daughter of Lloyd and Maryclaire Goodman... Sister to Alex... Majoring in Spanish.



CHELSEA PASFIELD
FRESHMAN 5'7"
GOALKEEPER

Alexandria, Va.
(St. Stephens/St. Agnes)

28

High School: Helped lead her team to state championships her junior and senior years... Academic All-American her junior and senior years... Played for Capital Lacrosse Club... Also lettered in basketball and field hockey.

Personal: Chelsea Elizabeth Pasfield... Born July 10, 1991, in Alexandria, VA... Daughter of Bruce and Nancy Pasfield... Sister to Wesley... Majoring in early childhood education.



2009 REVIEW

A year after posting a program-best 13 wins during the 2008 campaign, the Vanderbilt Commodores made a successful return in 2009 by making their school-record third consecutive trip to the NCAA Tournament.

Head Coach Cathy Swezey's squad featured only five returning starters on a very young team, led by seniors Cara Giordano, Jess Demorest, Merissa Eide, Carolyn Gioia and Rachel Woolford.

"We had great leadership from our captains: Cara Giordano, Rachel Woolford and Merissa Eide," said Swezey. "They really took us a long way and helped us to succeed."

Despite the inexperience, Vanderbilt had three All-Americans in Giordano, and juniors Sarah Downing and Alex Mundy.

Downing went on to have one of the best offensive seasons in Vanderbilt history as she set school records for goals scored (55) and points (81). For her efforts, she received First-Team All-America and All-Conference recognition.

Giordano and Mundy each received Third-Team All-America honors. Mundy led the Commodores in ground balls (43) and recorded 13 draw controls and 23 caused turnovers with her defensive play. Giordano was an impact player on both ends of the field, as she totaled 39 points to go along with 31 ground balls, 32 draw controls and 17 caused turnovers.

The team faced a difficult path to return to the NCAA Tournament, as they faced off against nine ranked teams during the regular season. Despite opening up the year with a tough overtime loss to No. 9 North Carolina, the Commodores went on to pull off four wins against ranked opponents.

Coming into the season, "Every kid had a single-minded goal to win, go to the NCAA Tournament and play well," remarked Swezey.

Travelling to Boston, Vanderbilt was able to defeat No. 10 Boston University, 19-18, behind five goals each from Carter Foote and Alex Priddy.



Sarah Downing broke single season school records for goals scored and total points in 2009.

OVERALL RECORD: 10-7

ALC RECORD: 2-2

HOME: 5-2 • AWAY: 4-4 • NEUTRAL: 1-1 • OVERTIME: 0-1

DATE	OPPONENT	SCORE	ATTEND.	GOAL SCORERS (#)
2/15	No. 9 UNC	L, 13-14 (OT)	290	Carey (3), Downing (3), Giordano (2), Frank (2), Foote, Denkler, L. Keenan, Giordano, D. Keenan
2/21	UMBC	W, 15-6	95	Downing (5), Carey (2), Denkler (2), Giordano (2), Priddy (2), Frank, Foote
2/27	No. 1 NORTHWESTERN	L, 10-22	457	Downing (3), Giordano (2), Foote (2), Denkler, Carey, Frank
3/7	at No. 10 Boston Univ.	W, 19-18	186	Foote (5), Priddy (5), Denkler (3), Giordano (2), Keenan (2), Downing, Frank
3/11	at No. 3 Duke	L, 16-22	112	Denkler (5), Carey (4), Foote (2), L. Keenan (2), Giordano, Franke, Priddy
3/15	at Cincinnati	W, 19-7	135	Downing (4), Denkler (3), Carey (3), Foote (2), L. Keenan (2), Giordano, Frank, Adam, Priddy
3/22	at No. 17 Penn State	W, 12-7	367	Downing (2), Carey (2), Foote (2), Giordano (2), Denkler (2), Frank, L. Keenan
3/28	BINGHAMTON	W, 22-7	412	Downing (5), Foote (4), Priddy (3), Kirk (2), Denkler (2), Franke, Carey, Giordano, L. Keenan, Pittinger, Ke. Connors
3/30	DELAWARE	W, 20-10	112	Downing (5), Carey (4), Denkler (3), Foote (3), Giordano (3), Kirk, Priddy
4/4	JOHNS HOPKINS	W, 18-8	371	Downing (4), Foote (3), Carey (2), Franke (2), Denkler (2), Priddy, Frank, Adam, L. Keenan, Giordano
4/8	at No. 18 New Hampshire	W, 11-7	100	Giordano (3), Downing (2), Denkler (2), Carey, Foote, Priddy, L. Keenan
4/12	at No. 15 Ohio State	L, 13-15	332	Downing (4), Denkler (3), Giordano (2), Carey (2), Foote, Priddy
4/15	No. 9 NOTRE DAME	W, 18-11	215	Downing (6), Denkler (4), Foote (2), Carey (2), Priddy (2), Giordano (2)
4/21	at No. 20 Cornell	L, 4-11	119	Downing (3), Giordano
4/30	! vs. JOHNS HOPKINS	W, 14-8		Downing (3), Denkler (3), Carey (2), Foote (2), Frank, Giordano, Adam, Kirk
5/1	! vs. No. 1 Northwestern	L, 10-15		Downing (3), Foote (3), L. Keenan, Franke, Denkler, Frank
5/11	% at No. 6 Notre Dame	L, 13-19	290	Carey (3), Downing (3), Giordano (2), Frank (2), Foote, Denkler, L. Keenan

*denotes American Lacrosse Conference game; ! ALC Tournament game; % NCAA Tournament game



2009 REVIEW

The Commodores advanced to No. 11 in the rankings before taking on No. 17 Penn State in University Park, where they came away with a 12-7 victory.

Against No. 18 New Hampshire on the road, the team won its sixth straight game as Cara Giordano paced the Commodores with three goals.

On Senior Day at Vanderbilt, the No. 12 Commodores upset the No. 9 Notre Dame Fighting Irish with a thrilling 18-11 win with an impressive performance from Sarah Downing that included six crucial goals.

In the ALC Tournament, Vanderbilt was victorious against Johns Hopkins, 14-8, before losing to No.1 and the eventual national champion Northwestern Wildcats.

The Commodores' season ended with a loss at Notre Dame in the first round of the NCAA Tournament.



The Vanderbilt Class of 2009 (L-R): Merissa Eide, Jess Demorest, Cara Giordano and Rachel Woolford; (not pictured: Carolyn Gioia)

GOALS BY PERIOD

	1st	2nd	OT1	OT2	OT3	Total
Vanderbilt	127	120	0	0	-	247
Opponents	99	107	0	1	-	207

INDIVIDUAL STATISTICS

##	NAME	GP	GS	G	A	PTS	SH	GWG	FPG	FPS	GB	DC	T/O	CT	FOULS
18	Downing, Sarah	17	17	55	26	81	98	1	7	10	29	32	52	14	14
2	Carey, Ally	16	16	31	22	53	79	2	4	9	33	61	31	16	22
23	Denkler, Katherine	17	17	38	11	49	68	1	3	6	11	17	16	8	7
24	Foote, Carter	17	17	36	12	48	79	0	3	7	18	27	15	11	16
9	Giordano, Cara	17	17	28	11	39	61	2	7	11	31	32	31	17	46
19	Frank, Allie	17	6	10	19	29	24	1	1	5	10	12	12	1	8
12	Priddy, Alex	15	1	21	3	24	46	1	5	7	5	14	16	2	6
20	Keenan, Laura	17	17	13	9	22	41	1	2	5	23	12	25	11	20
5	Franke, Emily	13	0	5	8	13	12	1	0	1	6	3	6	2	10
3	Kirk, Courtney	10	0	5	6	11	9	0	1	1	1	0	6	0	4
33	Adam, Anastasia	17	11	3	5	8	19	0	2	2	13	9	12	4	5
16	Clark, Hannah	11	0	0	2	2	7	0	0	1	0	0	3	1	4
15	Pittinger, Kendall	4	0	1	0	1	2	0	-	-	1	1	2	3	3
22	Connors, Kelly	3	0	1	0	1	1	0	-	-	0	0	1	1	0
1	Mundy, Alex	17	17	0	1	1	0	0	-	-	43	13	8	23	16
14	Rose, Meghan	2	0	0	0	0	2	0	0	1	0	1	0	0	1
11	Gioia, Carolyn	3	0	0	0	0	1	0	-	-	0	1	2	0	0
6	Keenan, Diana	3	0	0	0	0	1	0	-	-	0	1	0	0	0
41	Eide, Merissa	15	0	0	0	0	0	0	-	-	13	5	4	3	7
25	Gibson, Megan	17	17	0	0	0	0	0	-	-	15	5	12	7	20
21	Connors, Kacie	5	0	0	0	0	0	0	-	-	0	0	0	1	2
17	Lange, Taylor	9	0	0	0	0	0	0	-	-	3	1	2	1	2
13	Carr, Catherine	2	0	0	0	0	0	0	-	-	0	0	0	0	0
10	Leonard, Claire	17	17	0	0	0	0	0	-	-	15	9	8	20	32
7	Wills, Natalie	16	13	0	0	0	0	0	-	-	32	1	10	4	1
4	Mitchell, Catherine	17	17	0	0	0	0	0	-	-	13	3	4	11	15
00	Woolford, Rachel	7	4	0	0	0	0	0	-	-	5	0	2	0	0
Total		17		247	135	382	550	10	35	66	320	260	281	161	314
Opponents		17		207	77	284	479	7	35	71	306	218	262	155	372

##	NAME	GP	GS	MINUTES	GA	GA AVG	SAVES	PCT	W	L	T
7	Wills, Natalie	16	13	812:45	153	11.29	131	.461	10	5	0
00	Woolford, Rachel	7	4	213:15	54	15.19	26	.325	0	2	0
Total		17		1026:00	207	12.11	157	.431	10	7	0
Opponents		17		1026:00	247	14.47	156	.387	7	10	0



LEAGUE AFFILIATION

American Lacrosse Conference



Current Membership

FLORIDA
2010: FIRST SEASON



JOHNS HOPKINS
2009: 5-12, 0-4

NORTHWESTERN
2009: 23-0, 4-0



OHIO STATE
2009: 11-6, 2-2

PENN STATE
2009: 9-8, 2-2



VANDERBILT
2009: 10-7, 2-2

Future Additions

SOUTH CAROLINA



Vanderbilt is a charter member of the American Lacrosse Conference, which played its inaugural season in 2002. The Commodores won the league championship that season with a perfect 6-0 record. Two seasons later, Vanderbilt would capture the 2004 conference title and earned the ALC's first-ever automatic bid to the NCAA Tournament.

The league added a conference tournament for the 2007 season, which was hosted at Johns Hopkins University's Homewood Field in Baltimore. The tournament will rotate among campus sites, heading to Penn State in University Park, Pa., in 2009.

The ALC alliance was established for independent lacrosse schools to have an opportunity to play for automatic qualification into the NCAA Tournament, and in September of 2003 the league's promise was fulfilled.

Johns Hopkins, Northwestern, Ohio State, Penn State and Vanderbilt battle not only for supremacy within the league, but also for a chance at national glory.

In 2007 and 2005, three ALC teams earned berths in the NCAA Tournament, including eventual national champion Northwestern, who repeated in 2008.

In 2004, five of the league's seven teams found their way into the IWFLCA national rankings, the most from any conference. Three of those squads, including semifinalist Vanderbilt, reached the NCAA Tournament.

In the summer of 2003, the ALC and College Sports TV inked an agreement to nationally broadcast a number of key conference matchups in the years to come, beginning in 2004.

Following the 2005 season, the league saw its first modification, as original member Davidson removed itself from the American Lacrosse Conference. Prior to the 2007 season, charter member Ohio University ended its women's lacrosse program.

The 2010 season will feature the addition of the Florida Gators to the American Lacrosse Conference.



Jess Roguski assisted on three goals, including the game-winner in overtime, to give Vanderbilt the ALC's first automatic berth to the NCAA Tournament in 2004.

Vanderbilt Lacrosse Complex



The Vanderbilt Lacrosse & Soccer Complex is one of the nation's premier facilities.

Completed prior to the 2002-03 school year, the main structure of the stadium includes seating for over 2,400 fans. The playing surface consists of a TifSport grass on top of sand cap drainage and water cannon irrigation systems. The field's new lighting system, installed on four 90-foot towers, offers perfect visibility during night games.

"This has been great for our program," Head Coach Cathy Swezey said. "It shows how well-supported we are by the administration. It is an impressive facility to tour and prospects routinely have said that it is among the best facilities they have seen."

Vanderbilt's perceived home-field advantage is supported statistically. The Commodores have posted a 25-10 record in American Lacrosse Conference games played in Nashville, winning 70 percent of conference home games against one of the strongest leagues in the nation.

Locker rooms, meeting rooms, public restrooms and a concession stand are all located underneath the grandstands. A state-of-the-art press box sits atop the grandstands, facilitating game workers and media, including television crews.



"Our team has really enjoyed playing in the stadium," Swezey said. "I think that they sense the commitment that has been made to our program, and it makes them proud to be wearing a Vanderbilt uniform."

Aside from the game field, Vanderbilt also features a number of practice fields, including an artificial turf surface adjacent to the stadium. Vanderbilt's facilities are all centrally located and easily accessible from the main athletic complex.



Support Staff



BRIAN REESE
DIRECTOR OF
SPORT OPERATIONS



DANIEL MACLEA
ATHLETIC TRAINER



TASHA WEDDLE
STRENGTH &
CONDITIONING COACH



CANDICE STOREY
SENIOR WOMAN
ADMINISTRATOR



TRAVELLING ABROAD



The lacrosse team travelled abroad to Europe over the summer from May 29 to June 7, visiting Germany, Austria and the Czech Republic.

CAREER LEADERS LISTS

GOALS

1. Sue Napolitano	167
2. Margie Curran	163
3. Kristin Ehst	136
4. Kate Hickman	133
5. Jess Roguski	117
6. April Tellam	110
7. Sarah Downing	106
8. Cara Giordano	101
9. Andrea Legath	93
10. Kendall Thrift	78

ASSISTS

1. Margie Curran	81
2. Kendall Thrift	66
T-3. Michelle Allen	57
T-3. Kristin Ehst	57
5. Michelle Dillow	56
6. April Tellam	55

POINTS

1. Margie Curran	244
2. Sue Napolitano	219
3. Kristin Ehst	193
T-4. Kate Hickman	165
T-4. April Tellam	165
6. Sarah Downing	160
7. Kendall Thrift	144
8. Jess Roguski	141
9. Michelle Allen	132
10. Andrea Legath	130

GOALS AGAINST AVERAGE

1. Shana Crabtree	8.52
2. Brooke Shinaberry	9.79
3. Ashley Bastinelli	10.29
4. Emily Lough	10.66
5. Blair Palmer	11.21

GOALS

Game

8, Sue Napolitano
(vs. VT, 3/25/1996)

Season

55, Sarah Downing
(2009)

Career

167, Sue Napolitano (1996–2000)

2009 Game High

6, Sarah Downing
(vs. Notre Dame, 4/15)

ASSISTS

Game

7, April Tellam
(at Davidson, 3/1/1999)

Season

33, Margie Curran
(2008)

Career

81, Margie Curran
(2005–08)

2009 Game High

6, Sarah Downing
(at Boston University, 3/7)

Individual Records

POINTS

Game

12, April Tellam
(at Davidson, 3/1/1999)

Season

81, Sarah Downing (2009)

Career

244, Margie Curran
(2005–2008)

2009 Game High

8, Sarah Downing
(vs. Binghamton, 3/28)

GOALS AGAINST AVG.

Season

7.36, Shana Crabtree (2000)

Career

8.52, Shana Crabtree
(1997–2000)

2009 Leader

11.29, Natalie Wills

SAVES

Game

39, Shana Crabtree
(at Boston Univ., 4/6/1997)

Season

176, Emily Lough (2001)

Career

488, Ashley Bastinelli (2002–05)

2009 Game High

17, Natalie Wills
(vs. Notre Dame, 4/15)

MISCELLANEOUS/ DEFENSIVE

Ground Balls

62, April Tellam (2001)

Caused Turnovers

47, Becky Kehl (1999)

Draw Controls

61, Ally Carey (2009)



VU Career Leaders (L-R): Sue Napolitano, Margie Curran and Emily Lough.

Season-by-Season Leaders

GOALS

2009	Sarah Downing	55
1996	Sue Napolitano	53
2007	Margie Curran	50
2000	Sue Napolitano	48
2008	Margie Curran	47
2006	Kate Hickman	46
2004	Jess Roguski	42
1999	April Tellam	42
2005	Kate Hickman	41
1997	Sue Napolitano	40
2002	Jeannie Crawley	38
2003	Lauren Peck	35
2001	April Tellam	32
1998	Andrea Legath	29

ASSISTS

2008	Margie Curran	33
2007	Kendall Thrift	30
2004	Michelle Allen	29
2002	Liz Drennan	27
1998	Michelle Dillow	27
2009	Sarah Downing	26
1999	April Tellam	26
2006	Margie Curran	23
2003	Michelle Allen	23
1996	Sue Napolitano	23
2000	Kinsey Osberg	21
2005	Kendall Thrift	19
1997	Kristin Ehst	19
2001	Kinsey Osberg	12

POINTS

2009	Sarah Downing	81
2008	Margie Curran	80
1996	Sue Napolitano	76
1999	April Tellam	68
2004	Michelle Allen	67
2007	Margie Curran	64
2006	Kate Hickman	64
2000	Sue Napolitano	58
1997	Kristin Ehst	54
2003	Michelle Allen	51
1998	Michelle Dillow	49
2005	Kate Hickman	47
2002	Jeannie Crawley	46
2001	April Tellam	40

SAVES

2001	Emily Lough	176
1999	Emily Lough	168
1998	Shana Crabtree	163
1997	Shana Crabtree	156
1996	Blair Palmer	149
2008	Brooke Shinaberry	148
2005	Ashley Bastinelli	137
2009	Natalie Wills	131
2003	Ashley Bastinelli	129
2006	Brooke Shinaberry	127
2007	Brooke Shinaberry	125
2002	Ashley Bastinelli	122
2000	Shana Crabtree	110
2004	Ashley Bastinelli	100



COMMODORE HISTORY

Vanderbilt's Record vs...

Albany	2-0	Denver	2-0	Loyola	1-0	Princeton	0-2
American	1-0	Drexel	2-0	Maryland	0-2	Richmond	0-1
Binghamton	1-0	Duke	3-12	UMBC	4-0	St. Joseph's	2-1
Boston University	3-4	Duquesne	2-0	Monmouth	1-0	Stanford	4-3
Brown	1-1	George Mason	1-1	Mt. St. Mary's	2-0	Syracuse	0-1
California	2-0	Georgetown	0-6	New Hampshire	9-3	Temple	0-1
Cincinnati	2-0	Harvard	1-0	North Carolina	1-13	Towson	1-0
Colgate	0-1	Hofstra	2-3	Northwestern	3-7	Virginia	0-8
Connecticut	2-1	James Madison	1-0	Notre Dame	9-5	Virginia Tech	5-2
Cornell	5-5	Johns Hopkins	6-5	Ohio State	12-2	Yale	3-3
Davidson	9-1	Lafayette	0-1	Ohio University	6-0	<i>*2010 opponents in bold</i>	
Delaware	2-3	Lehigh	3-0	Penn State	6-6		



April Tellam contributed 12 points to VU's win over Davidson in 1999.

Miscellaneous Records

MARGIN OF VICTORY

- 20, Denver (22-2)
Apr. 16, 2000
- 18, Mt. St. Mary's (21-3)
Mar. 1, 1996
- 17, Lehigh (21-4)
March 6, 2007
- 17, Davidson (20-3)
Apr. 10, 2005
- 16, Cincinnati (20-4)
Feb. 17, 2008
- 16, American (20-4)
Mar. 6, 1996
- 15, Denver (22-7)
Mar. 14, 1999
- 15, Davidson (20-5)
Apr. 11, 2004
- 15, Binghamton (22-7)
Mar. 28, 2009

10-POINT GAMES

- April Tellam (12)
Mar. 1, 1999 at Davidson
- Kristin Ehst (10)
Mar. 1, 1996 at Mt. St. Mary's
- Sue Napolitano (10)
Apr. 11, 1996 at Monmouth
- April Tellam (10)
Apr. 13, 1999 vs. Notre Dame

CAREER GAMES PLAYED

- Cara Giordano 69
- Margie Curran 67
- Molly Frew 66
- Jess Roguski 65
- Kelly Devlin 63
- Becky Kehl 63
- Bridget Morris 63
- Tara Schmucker 63
- Meredith Shuey 63
- Kelly Sloan 63

All-Time Letterwinners

Anastasia Adam	2007-Present	Caroline Mans	1997-2000
Michelle Allen	2002-04	Mary McCeney	2001-03
Ashley Bastinelli	2002-05	Dana Messinger	2003-06
Danielle Bajus	1998	Catherine Mitchell	2008-Present
Julie Bender	1996-98	Joanna Mooney	2001-04
Jenny Bennethum	1997-98	Bridget Morris	2001-04
Wendy Blue	2005	Colleen Morris	2000-03
Millie Canter	2004	Jessica Mundt	2001-03
Ally Carey	2009-Present	Alex Mundy	2007-Present
Catherine Carr	2009-Present	Sue Napolitano	1996-2000
Sasha Cielak	2005-08	Lindsey Nauman	2001-03
Cameron Clark	2006-07	Sarah Odell	1998-99
Hannah Clark	2009-Present	Lauren O'Hearn	2003
Kacie Connors	2009-Present	Kinsey Osberg	1999-2002
Kelly Connors	2009-Present	Sarah Pacini	2001
Shana Crabtree	1997-2000	Blair Palmer	1996-98
Jeannie Crawley	2000-03	Brooke Palmer	1996-98
Margie Curran	2005-08	Ashley Paschall	2005-08
Kristin Delmonico	1996-97	Lauren Peake	1996
Margie DeLorenzo	1996-98	Lauren Peck	2003-04
Jess Demorest	2006-09	Kendall Pittinger	2009-Present
Katherine Denkler	2008-Present	Kasey Pontillo	2005-06
Kelly Devlin	2001-04	Alex Priddy	2009-Present
Michelle Dillow	1996-98	Casey Pugatch	2007
Dana DiStefano	1997-2000	Nicole Pugno	2004-07
Sarah Downing	2007-Present	Margaret Raines	1997-99
Liz Drennan	1999-2002	Amanda Rice	1998-2001
Merissa Eide	2006-09	Amy Richards	1996-97
Kristin Ehst	1996-98	Jess Roguski	2001-04
Liz Exline	2002-04	Meghan Rose	2008-Present
Rebecca Ferrell	2000-03	Tara Schmucker	2000-03
Erin Flaherty	2000-03	Michelle Sebastian	1996-97
Carter Foote	2007-Present	Bryn Sedlacek	2003-06
Allie Frank	2007-Present	Christiana Serle	2001-04
Emily Franke	2008-Present	Lindsay Shea	1998
Molly Frew	2004-07	Brooke Shinaberry	2004-08
Kim Gianis	2003-05	Meredith Shuey	1997-2000
Megan Gibson	2007-Present	Kelly Sloan	1997-2000
Carolyn Gioia	2006-09	Michele Slotke	2005-08
Cara Giordano	2006-09	Alison Sparico	2004-06
Kate Hickman	2003-06	Meg Spies	2002-05
M.C. Hooper	2005-06	Meredith St. Lawrence	2005
Kate Jerde	2002	Lindsay Stanley	1996-97
Becky Kehl	1997-2000	Megan Steenberge	1996
Diana Keenan	2008-Present	Jennifer Tapscott	2004-07
Laura Keenan	2007-Present	April Tellam	1998-2001
Courtney Kirk	2009-Present	Kendall Thrift	2004-07
Leslie Koch	2005-08	Christine Tubising	2003-06
Heather Koutrakos	2006-08	Natalie Wills	2009-Present
Maggie Kopf	1996	Jenny Wing	2001-04
Taylor Lange	2009-Present	Rachel Woolford	2006-09
Andrea Legath	1996-99	Amy Worden	1997-98
Ali Lemons	2005-Present	Maggie Yekenchik	1996-98
Claire Leonard	2008-Present	Ashley Zaleski	2004-05
Megan Lewis	1999-2002		
Emily Lough	1998-2001		

National Honors

ALL-AMERICANS

IWLCA, US Lacrosse, Inside Lacrosse

First Team

Michelle Allen 2004
Sasha Cielak 2008
Sarah Downing 2009

Second Team

Jess Roguski 2004
Sasha Cielak 2007
Margie Curran 2007, 08

Third Team

Meredith Shuey 2000
Megan Lewis 2002
Michelle Allen 2003
Bridget Morris 2004
Lauren Peck 2004
Sasha Cielak 2005
Cara Giordano 2009
Alex Mundy 2009

Honorable Mention

Sue Napolitano 2000

ALL-ROOKIE TEAM

womenslacrosse.com

Sasha Cielak 2005
Margie Curran 2005
Ally Carey 2009

IWLCA REGIONAL ALL-AMERICANS

First Team

Megan Lewis 2002
Michelle Allen 2004
Jess Roguski 2004
Kate Hickman 2006
Sasha Cielak 2006, 07, 08
Margie Curran 2007, 08
Cara Giordano 2008

Second Team

Sue Napolitano 2000
Meredith Shuey 2000

Megan Lewis 2001
Tara Schmucker 2002, 03
Michelle Allen 2003
Bridget Morris 2004
Lauren Peck 2004
Sasha Cielak 2005
Kate Hickman 2005
Margie Curran 2006
Molly Frew 2006
Cara Giordano 2007
Brooke Shinaberry 2008
Alex Mundy 2009

NCAA

ALL-TOURNAMENT TEAM

Ashley Bastinelli 2004
Bridget Morris 2004

IWLCA ACADEMIC SQUAD

. 2003, 05, 07, 08

IWLCA ACADEMIC HONOR ROLL

Kristin Ehst 1998, 99
Andrea Legath 1998
Becky Kehl 2000
Meredith Shuey 2000
Megan Lewis 2001
Mary McConery 2003
Tara Schmucker 2003
Christiana Serle 2004
Jenny Wing 2004
Meg Spies 2005
Christine Tubesing 2005
Kate Hickman 2005, 06
Molly Frew 2006, 07
Kendall Thrift 2007
Ashley Paschall 2007, 08
Michele Slotke 2008
Brooke Shinaberry 2008

NATIONAL COACH OF THE YEAR

insidelacrosse.com

Cathy Swezey 2002

Conference Honors

FIRST-TEAM ALL-CONFERENCE

Megan Lewis 2002
Michelle Allen 2003, 04
Lauren Peck 2003
Tara Schmucker 2003
Jess Roguski 2004
Kate Hickman 2005, 06
Sasha Cielak 2006, 07, 08
Margie Curran 2007, 08
Cara Giordano 2008
Brooke Shinaberry 2008
Sarah Downing 2009
Cara Giordano 2009
Alex Mundy 2009

SECOND-TEAM ALL-CONFERENCE

Jess Roguski 2003
Kim Gianis 2004
Joanna Mooney 2004
Bridget Morris 2004
Lauren Peck 2004
Christiana Serle 2004
Sasha Cielak 2005
Margie Curran 2005, 06
Molly Frew 2005, 06
Cara Giordano 2006, 07
Nicole Pugno 2007
Kendall Thrift 2007
Carter Foote 2008
Heather Koutrakos 2008
Ally Carey 2009

ALC PLAYER OF THE YEAR

Michelle Allen 2004

ALC COACH OF THE YEAR

Cathy Swezey 2002, 08

SEC GOOD WORKS TEAM

Jess Roguski 2002, 03

VU INGRAM SCHOLAR

Diana Keenan 2008

WOMENSLAX.COM PLAYER OF THE WEEK

Brooke Shinaberry April 21, 2008

ALC PLAYER OF THE WEEK

Ashley Bastinelli March 5, 2002
Tara Schmucker April 23, 2002
Michelle Allen April 21, 2003
Jess Roguski March 1, 2004
Kate Hickman April 12, 2004
Michelle Allen April 19, 2004
Michelle Allen May 10, 2004
Kate Hickman April 18, 2006
Nicole Pugno March 27, 2007
Kendall Thrift April 9, 2007
Margie Curran Feb. 26, 2008
Brooke Shinaberry April 7, 2008
Brooke Shinaberry April 22, 2008

ALC GOALKEEPER OF THE YEAR

Brooke Shinaberry 2008

Team Honors

VU TOLBERT CUP

2003

2004 NCAA FINAL FOUR

Vanderbilt advanced to the NCAA Tournament Final Four in 2004



Brooke Shinaberry was 2008 ALC Goalkeeper of the Year.



COMMODORE RESULTS

*denotes American Lacrosse Conference game
\$denotes ALC Tournament game
#denotes NCAA Tournament game

Head Coach: Cathy Swezey (102-94)

1998 (7-9)

Mar. 3	at North Carolina	L	6-9
Mar. 7	at Georgetown	L	7-15
Mar. 13	at St. Joseph's	W	19-6
Mar. 15	New Hampshire	W	12-9
Mar. 16	Virginia Tech	W	14-7
Mar. 18	Cornell	W	13-8
Mar./20	vs. Colgate	L	8-13
Mar. 22	Notre Dame	W	19-6
Mar. 27	at Delaware	L	10-13
Mar. 30	at Maryland	L	4-16
April 5	at Ohio State	W	11-7
April 9	Boston Univ.	L	5-7
April 12	Davidson	W	18-4
April 14	at Duke	L	3-6
April 17	at Yale	L	7-11
May 1	at Penn State	L	7-17

1999 (5-10)

Mar. 1	at Davidson	W	15-5
Mar. 6	Georgetown	Lot	8-11
Mar. 10	Penn State	L	7-9
Mar. 12	at Denver	W	22-7
Mar. 16	George Mason	W	12-10
Mar. 19	Duke	L	9-17
Mar. 26	at New Hampshire	W	11-7
Mar. 28	at Boston Univ.	L	7-8
Mar. 31	at Cornell	L	6-7
April 3	Delaware	L	11-12
April 11	at Virginia	L	9-13
April 13	Notre Dame	W	18-9
April 17	North Carolina	L	5-10
April 24	at Ohio State	L	11-12
April 28	at Virginia Tech	L	13-14

2000 (10-6)

Mar. 5	at Georgetown	L	7-15
Mar. 7	at George Mason	L	10-12
Mar. 12	at North Carolina	L	8-13
Mar. 14	New Hampshire	W	16-7
Mar. 19	Towson	W	9-5
Mar. 22	at Duke	L	7-13
Mar. 24	Virginia Tech	W	19-16
Mar. 26	Boston Univ.	Wot	9-8
Mar. 31	Cornell (at Hopkins)	W	12-6
April 2	at Notre Dame	W	10-6
April 8	at Delaware	L	8-10
April 14	Davidson	W	19-7
April 16	Denver	W	22-2
April 21	Ohio State	W	9-7
April 23	at Penn State	W	9-7
April 30	Virginia	L	11-12

OVERALL RECORD (122-105)

Home record 67-15
Conference Record . . . 28-13
Postseason Record 4-8

Away Record 51-64
Home ALC Record . . . 15-6
Overtime Record 7-5

Neutral Record 4-5
Away ALC Record . . . 13-7

2001 (5-11)

Mar. 4	Georgetown	L	4-10
Mar. 9	at Stanford	L	11-16
Mar. 14	Duke	L	2-22
Mar. 20	Cornell (@ Hopkins)	L	6-8
Mar. 23	at New Hampshire	L	5-7
Mar. 25	at Boston Univ.	L	7-15
Mar. 30	Delaware	W	7-6
April 1	Notre Dame	W	11-9
April 4	at Virginia Tech	Lot	16-17
April 9	at Brown	L	9-12
April 14	North Carolina	L	5-9
April 16	Davidson	L	5-11
April 20	at Ohio State	W	10-9
April 22	Ohio University	W	17-10
April 29	at Virginia	L	6-13
May 5	at Connecticut	W	12-6

2002

(10-6, 6-0)

Feb. 24	*at Johns Hopkins	W	7-4
Mar. 4	*Penn State	W	7-6
Mar. 6	at Georgetown	L	5-19
Mar. 9	at Duke	L	7-11
Mar. 17	Connecticut	W	9-7
Mar. 20	New Hampshire	W	9-5
Mar. 24	Brown	W	13-12
Mar. 28	Stanford	W	15-10
April 5	*Ohio University	W	17-8
April 12	at North Carolina	L	6-14
April 14	*at Davidson	W	11-10
April 21	*Ohio State	W	12-11
April 28	Virginia	L	13-17
May 3	at Notre Dame	Lot	9-10
May 4	*at Northwestern	W	13-7
May 9	#at Duke	L	5-10

2003

(7-8, 4-2)

Mar. 1	*at Penn State	L	11-12
Mar. 9	Hofstra	W	10-7
Mar. 14	at Yale	L	9-15
Mar. 16	at UNH	W	12-9
Mar. 22	UConn (@ Disney)	L	12-15
Mar. 25	*Northwestern	W	15-8
Mar. 30	*Hopkins	L	5-8
April 2	Duke	W	8-6
April 6	at Cornell	L	6-14
April 12	UNC	L	11-12
April 13	*Davidson	W	17-4
April 18	*at Ohio Univ.	W	8-6
April 20	*at Ohio State	Wot	12-11
April 27	at Virginia	L	8-13
May 2	Notre Dame	L	11-22

2004

(12-6, 5-1)

Feb. 22	Virginia	L	10-14
Feb. 29	*Penn State	W	16-12
Mar. 7	at Stanford	W	6-5
Mar. 13	Yale	W	17-11
Mar. 15	UNH	W	10-3
Mar. 21	Cornell	W	9-8
Mar. 28	at Duke	L	13-16
April 4	*at Hopkins	L	11-12
April 9	at UNC	W	12-8
April 11	*at Davidson	W	20-5
April 16	*Ohio Univ.	W	12-11
April 18	*Ohio State	W	12-9
April 24	at Hofstra	Lsv	13-14
May 6	*at Northwestern	Wot	10-9
May 8	at Notre Dame	L	8-11
May 13	#at Loyola	W	5-4
May 16	#at JMU	W	10-4
May 21	#at Princeton	L	3-11

2005

(6-9, 3-3)

Feb. 26	*at Penn State	L	7-15
Mar. 9	Notre Dame	Wot	10-9
Mar. 12	at Yale	W	8-7
Mar. 18	*Johns Hopkins	L	6-13
Mar. 20	Hofstra	L	8-10
Mar. 24	Duke	L	4-13
Mar. 28	Stanford	W	10-9
April 1	at New Hampshire	L	6-8
April 8	North Carolina	L	9-14
April 10	*Davidson	W	20-3
April 15	*at Ohio	W	9-6
April 17	*at Ohio State	Wsv	14-13
April 24	at Virginia	L	11-12
May 1	*Northwestern	L	8-18
May 7	at Cornell	L	10-13

2006

(6-10, 2-3)

Feb. 14	vs. Mount St. Mary's	W	14-5
Feb. 19	Virginia	L	9-10
Feb. 25	*Penn State	L	8-9
Mar. 5	at Stanford	L	9-1
Mar. 7	at California	W	13-7
Mar. 11	Yale	W	14-9
Mar. 14	New Hampshire	W	16-7
Mar. 21	Cornell	L	8-14
Mar. 26	at Duke	L	11-15
April 2	*at Johns Hopkins	L	8-11
April 7	at North Carolina	L	9-13
April 14	*Ohio	W	13-3
April 16	*Ohio State	W	9-8
April 23	at Hofstra	L	6-10
May 5	*at Northwestern	L	9-14
May 7	at Notre Dame	L	11-12

2007

(11-6, 3-1)

Feb. 19	Albany	W	18-5
Feb. 25	*Northwestern	L	2-20
Mar. 4	at Duquesne	W	18-9
Mar. 6	Lehigh	W	21-4
Mar. 10	North Carolina	L	11-14
Mar. 14	at Duke	L	6-18
Mar. 18	Hofstra	W	12-7
Mar. 25	*at Penn State	W	9-7
Mar. 28	California	W	9-6
Mar. 31	Stanford	L	9-10
April 4	at New Hampshire	W	18-12
April 8	*Johns Hopkins	Wsv	11-10
April 15	*at Ohio State	W	10-9
April 18	Notre Dame	W	13-9
April 29	at Cornell	W	16-10
May 4	\$at Johns Hopkins	L	10-12
May 13	#Syracuse	L	10-16

2008

(13-6, 3-1)

Feb. 17	Cincinnati	W	20-4
Feb. 23	at UMBC	W	16-7
Feb. 24	at Lehigh	W	18-8
Mar. 1	Duquesne	W	12-10
Mar. 4	Virginia Tech	W	12-8
Mar. 8	at North Carolina	L	5-12
Mar. 12	Boston University	L	7-17
Mar. 15	New Hampshire	L	7-10
Mar. 17	Cornell	W	15-6
Mar. 23	*Penn State	W	10-7
Mar. 30	*at Northwestern	L	8-14
April 6	*at Johns Hopkins	Wot	11-10
April 11	*Ohio State	W	17-7
April 13	at Albany	W	15-5
April 16	at Notre Dame	W	9-6
April 20	Duke	W	11-10
May 3	\$Johns Hopkins	W	10-7
May 4	\$ at Northwestern	L	3-14
May 11	# at Princeton	L	10-14

2009

(10-7, 2-2)

Feb. 15	North Carolina	L	13-14
Feb. 21	UMBC	W	15-6
Feb. 27	*Northwestern	L	10-22
Mar. 7	at Boston University	W	19-18
Mar. 11	at Duke	L	16-22
Mar. 15	at Cincinnati	W	19-7
Mar. 22	*at Penn State	W	12-7
Mar. 28	Binghamton	W	22-7
Mar. 30	Delaware	W	20-10
April 4	*Johns Hopkins	W	18-8
April 8	at New Hampshire	W	11-7
April 12	*at Ohio State	L	13-15
April 15	Notre Dame	W	18-11
April 21	at Cornell	L	4-11
April 30	\$ Johns Hopkins	W	14-8
May 1	\$ Northwestern	L	10-15
May 10	# at Notre Dame	L	13-19

VANDERBILT UNIVERSITY

COMMODORES

**"Vanderbilt student-athletes
are number one in the SEC
in graduation success rates."**



Athletic Achievers

1

Vanderbilt ranking in SEC graduation rate category

186

Number of Vanderbilt student-athletes named to the 2008-09 All-SEC Academic Honor Roll

73

Vanderbilt student-athletes named to the spring 2009 Dean's List

191

Vanderbilt student-athletes that achieved 3.0 or higher GPA in the spring of 2009

3.1

Combined GPA of Vanderbilt student-athletes in the spring of 2009



VANDERBILT ATHLETICS

2008-09 Team Accomplishments

- Eight Vanderbilt varsity teams reached postseason play.
- The women's basketball squad reached the NCAA tourney for the 10th straight appearance, advancing to the Sweet 16.
- Baseball received their fourth straight NCAA berth for the first time ever.
- The football team earned its first postseason bid in years, then won the Gaylord Hotels Music City Bowl.



ACADEMIC SUCCESSSES

186 Vanderbilt student-athletes achieved All-SEC Academic Honor Roll recognition in 2008-09. Of those student-athletes, 73 achieved Dean's List status with a GPA of 3.5 or higher.



COMMODORES





Several national media outlets including *USA Today*, *The New York Times* and *Sports Illustrated* recently have featured Vanderbilt's athletic successes.

Superb Mentors

Vanderbilt's four revenue sport head coaches – **Melanie Balcomb** (women's basketball), **Tim Corbin** (baseball), **Bobby Johnson** (football), and **Kevin Stallings** (men's basketball) – have earned SEC Coach of the Year honors during their Commodore tenures. The coaches also provide solid coaching longevity at Vanderbilt. Each has served in their current post for at least seven years.



Individual Athletes

D.J. Moore became the first Commodore defensive back to earn All-America honors since 1983.

Mike Minor was a first round pick in the 2009 Major League Baseball Draft, marking the third straight year a Vanderbilt baseball player was taken in the initial round.

Jennifer Risper was named the nation's top defensive player in women's basketball.

Josie Earnest was the nation's top bowler for the second straight year.

Christina Wirth was named to the Lowe's Senior Class All-America basketball team.

Six Commodore athletes earned postseason All-America honors.

26 Vanderbilt standouts received All-Conference recognition.

"America's Best Colleges 2008"
- *U.S. News & World Report*

On-Campus Living

- Nearly 90% of our undergraduates – and all freshmen – live on campus.
- Thirty-one residence halls and apartments, including the highly acclaimed and newly opened Commons, are undergrad housing options.

STUDENT FACTS

In 2008-09, 53% of 6,584 Vanderbilt undergraduates were females.
The retention rate of Vanderbilt freshmen is 96%, among the highest of any university in the U.S.

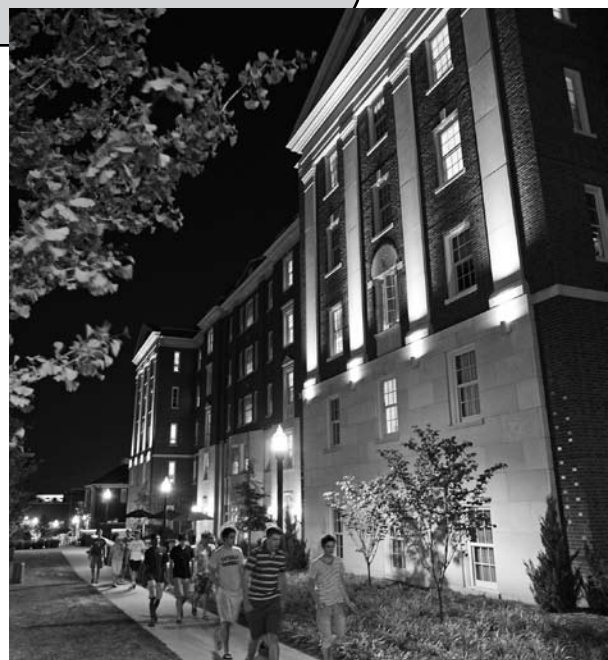
Educational Opportunity

Vanderbilt offers degrees in liberal arts and science, education, engineering, music, law, management, divinity, nursing and medicine through its 10 schools.

The average Vanderbilt class features just 19 students, adding to a remarkable personalized learning environment.

The Fiske Report

Vanderbilt "blends tradition with the concerns of today's world in an educational package that's one of the finest in the South..."

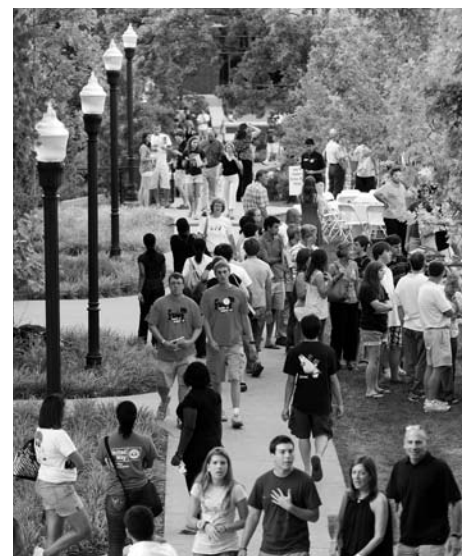


VANDERBILT UNIVERSITY

Where Vanderbilt Ranks...

- 18** Among the United States' national universities
- 2** Among all universities located in the Southeastern U.S.
- 14** Best value among America's national universities
- 1** Rank for Peabody College among graduate schools of education
- 15** Vanderbilt's research-oriented School of Medicine
- 15** Rank for the Vanderbilt Law School

Our academic reputation is greatly enhanced by the favorable student-faculty ratio of 9:1, providing students a highly personalized and interactive learning atmosphere.



- Vanderbilt is listed on the following "Best of" lists by *Princeton Review*: Best Colleges List, Best in the Southeast, Best Value College and College with a Conscience.
- The Vanderbilt Medical Center and School of Medicine, which boasts two Nobel Laureates among its faculty, consistently ranks among the nation's elite. The Monroe Carell Jr. Children's Hospital is fast becoming one of the nation's best.
- Vanderbilt's Peabody College ranks as one of the top schools of education in America.



UNIVERSITY FACTS

Ninety-five percent of classes at Vanderbilt enroll under 50 students. Eighty percent of undergrad classes contain fewer than 25 students.

COMMODORES



VANDERBILT FACTS

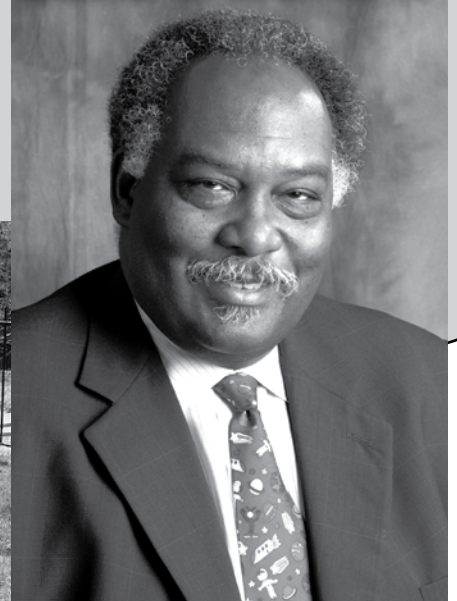
In 2008, the Vanderbilt football, men's and women's basketball, and baseball teams met the NCAA's Academic Progress Rate (APR) guidelines.



Vice Chancellor for University Affairs and Athletics

"We believe in a well-rounded experience for our student-athletes that includes academics, athletics, community involvement, and a college social life. It will make them better in all areas. At Vanderbilt, while we strive to win, we define winning very broadly!"

David Williams II



THE SOUTH'S FINEST



Easy Access

- Nashville International Airport, just 15 minutes from campus, is one of America's most convenient airports.
- Three interstates – 65, 40, and 24 – converge in Nashville, allowing easy auto access in all directions.

Nashville Stats

- Tennessee's fastest growing area, with a population of 1.6 million.
- Nashville is the government, financial, and medical hub of Tennessee.
- "Music City" pays homage to the city's rich musical heritage and active industry.
- "Athens of the South" recognizes dedication to fine arts and higher education.
- The Vanderbilt campus is 1.5 miles from vibrant downtown Nashville.
- The city ranks among the nation's best places to live.



NASHVILLE TREATS

What has Nashville given the world?
To name a few...Oprah Winfrey, Maxwell House coffee, Meat-and-3 eateries, the Fisk Jubilee Singers, Music Row and the Grand Ole Opry, GooGoo clusters, and the Iroquois races.



NASHVILLE THE NEW SOUTH

VANDERBILT UNIVERSITY



Nashville: Great Sports

In addition to Vanderbilt athletics, Nashville is home to many sporting events and teams, including the Tennessee Titans, NHL Nashville Predators, the Milwaukee Brewers AAA baseball franchise, NASCAR racing, and the Country Music Marathon.

“14th best sports city in America...”

—Sporting News, 2008 edition



TENNESSEE TITANS

Located three miles from campus, LP Field is home to the NFL's Tennessee Titans. Three Vanderbilt games have been played at LP Field, including the team's 2008 Gaylord Hotels Music City Bowl win over Boston College.

